Big Idea/ Topic
“Morning Routine with Do Now Activity”

Standard Alignment
Health Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health.

Instructional Design
Define Simply
Introduce students to the morning routine by creating simple steps. A “Do Now” is an assignment that is already on the board when students walk into class. Having a short 3–5-minute assignment ready helps students transition into the learning environment. It is recommended that “Do Now” activities are not intellectually challenging (e.g., an open-ended opinion or reflective question).

Steps:
1. Greet the teacher
2. Hang your backpack on the hook
3. Put anything you need in your desk
4. Take out a pencil and paper
5. Look at the white board
6. Start your “Do Now”
7. When you finish, read quietly

Model/Demonstrate with Examples
Model an example for students going through each step of the process. Particularly for kindergarten (but possibly Grades 1 and 2 depending on the class) we will chunk the above steps and provide prompts. As an example, students come in and greet the teacher then they are prompted to hang up their backpacks and put anything they need in their desk. Once this is complete, ask them to take out a pencil and paper and provide a verbal prompt of what they should “Do Now”. Visual prompts and visual mini schedules could be helpful for this activity as well.

Practice in All Relevant Settings
Practice the morning routine during the day, especially in the first couple weeks of school.

Monitor & Provide Positive Feedback and Reinforcement
Monitor students’ progress and offer group specific praise after the morning routine is complete. For example, “Thank you class for getting started on your Do Now quickly and quietly. I look forward to hearing your answers, who would like to share first?”

Based on Data, Adjust Instruction & Reteach
Teachers should monitor how well the class is learning the morning routine and increase practice whenever necessary.
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<th>Evidence of Student Success</th>
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<td>- Student success will be demonstrated by students completing every step of the morning routine without additional prompts or reminders.</td>
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<th>Distance Learning Supports</th>
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<td>- This concept can be utilized in an online class with a “Do Now” posted on the screen as students log on.</td>
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<th>Engaging Families</th>
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<td>- Share “Do Now” questions or activities with families so parents can ask their students as conversation starters at home.</td>
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