Sample Learning Plan

Big Idea/ Topic
“Start Class with Do Now Activity”

Standard Alignment
Health Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health.

Instructional Design

Define Simply
Introduce students to the “Do Now” routine by creating simple steps. A “Do Now” is an assignment that is already on the board when students walk into class. Having a short 3–5-minute assignment ready helps students transition into the learning environment. It is recommended that “Do Now” activities are not intellectually challenging (e.g., an open-ended opinion or reflective question).

Steps:
1. Greet the teacher
2. Turn in Homework
3. Get out pencil and paper
4. Start your “Do Now”
5. When you finish, read quietly

Model/Demonstrate with Examples
Model an example for students going through each step of the process.

Practice in All Relevant Settings
Practice the morning routine daily.

Monitor & Provide Positive Feedback and Reinforcement
Monitor students’ progress and offer group specific praise after the “Do Now” routine is complete. For example, “Thank you class for getting started on your “Do Now” quickly and quietly. I look forward to hearing your answers, who would like to share first?”

Based on Data, Adjust Instruction & Reteach
Teachers should monitor how well the class is learning the “Do Now” routine and increase practice whenever necessary.

Evidence of Student Success
- Student success will be demonstrated by students completing every step of the “Do Now” routine without additional prompts or reminders.

Distance Learning Supports
This concept can be utilized in an online class with a “Do Now” posted on the screen as students log on.

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<td>- Share “Do Now” questions or activities with families so parents can ask their students as conversation starters at home.</td>
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