**Big Idea/ Topic**
“Start Class with Do Now Activity”

**Standard Alignment**
**Health Standard 5:** Students will demonstrate the ability to use decision-making skills to enhance health.

**Instructional Design**

**Define Simply**
Introduce students to the “Do Now” routine by creating simple steps. A “Do Now” is an assignment that is already on the board when students walk into class. Having a short 3–5-minute assignment ready helps students transition into the learning environment. It is recommended that “Do Now” activities are not intellectually challenging (e.g., an open-ended opinion or reflective question).

Steps:
1. Greet the teacher
2. Turn in Homework
3. Get out pencil and paper
4. Start your “Do Now”
5. When you finish, read quietly

**Model/Demonstrate with Examples**
Model an example for students going through each step of the process.

**Practice in All Relevant Settings**
Practice the morning routine daily.

**Monitor & Provide Positive Feedback and Reinforcement**
Monitor students’ progress and offer group specific praise after the “Do Now” routine is complete. For example, “Thank you class for getting started on your “Do Now” quickly and quietly. I look forward to hearing your answers, who would like to share first?”

**Based on Data, Adjust Instruction & Reteach**
Teachers should monitor how well the class is learning the “Do Now” routine and increase practice whenever necessary.

**Evidence of Student Success**
- Student success will be demonstrated by students completing every step of the “Do Now” routine without additional prompts or reminders.
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<tr>
<th><strong>Distance Learning Supports</strong></th>
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<td>- This concept can be utilized in an online class with a “Do Now” posted on the screen as students log on.</td>
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<th><strong>Engaging Families</strong></th>
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<td>- Share “Do Now” questions or activities with families so parents can ask their students as conversation starters at home.</td>
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